



Anna Burke MP

DEPUTY SPEAKER – HOUSE OF REPRESENTATIVES
FEDERAL MEMBER FOR CHISHOLM

MEDIA RELEASE

15 January 2010

\$30,000 to assist Burwood carers

Carers from Stanhope Healthcare in Burwood will be encouraged to maintain a healthy and balanced lifestyle following the announcement of a \$31,480 federal government grant, Anna Burke MP announced today.

The funding is part of the Rudd Government's commitment to carers through the *National Respite for Carers Program* (NRCP) which this year will provide more than \$200 million to respite services and programs in Australia.

Stanhope Healthcare comprises of 130 carers including nurses, domestic support workers, garden and maintenance workers and personal carers.

Their Burwood office provides home and community care across metropolitan Melbourne.

"The carers at Stanhope Healthcare play such an important role in our community. They dedicate so much to improve the quality of life for the elderly and for people with disabilities," Ms Burke said.

"As we know, caring for someone full time is both physically and emotionally demanding and carers need to be able to take deserved breaks.

"This funding will be used by the organisation to administer staff education and training sessions on a variety of matters.

"Most importantly, these sessions will promote awareness of the need for carers to maintain a healthy lifestyle and generally look after their health and wellbeing.

"This funding will help Stanhope Healthcare meet the needs of carers in the community," Ms Burke said.

More information about respite services is available from Centrelink on 1800 052 222.

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